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WALDORF ASTORIA
Spa

TREATMENTS

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WELCOME

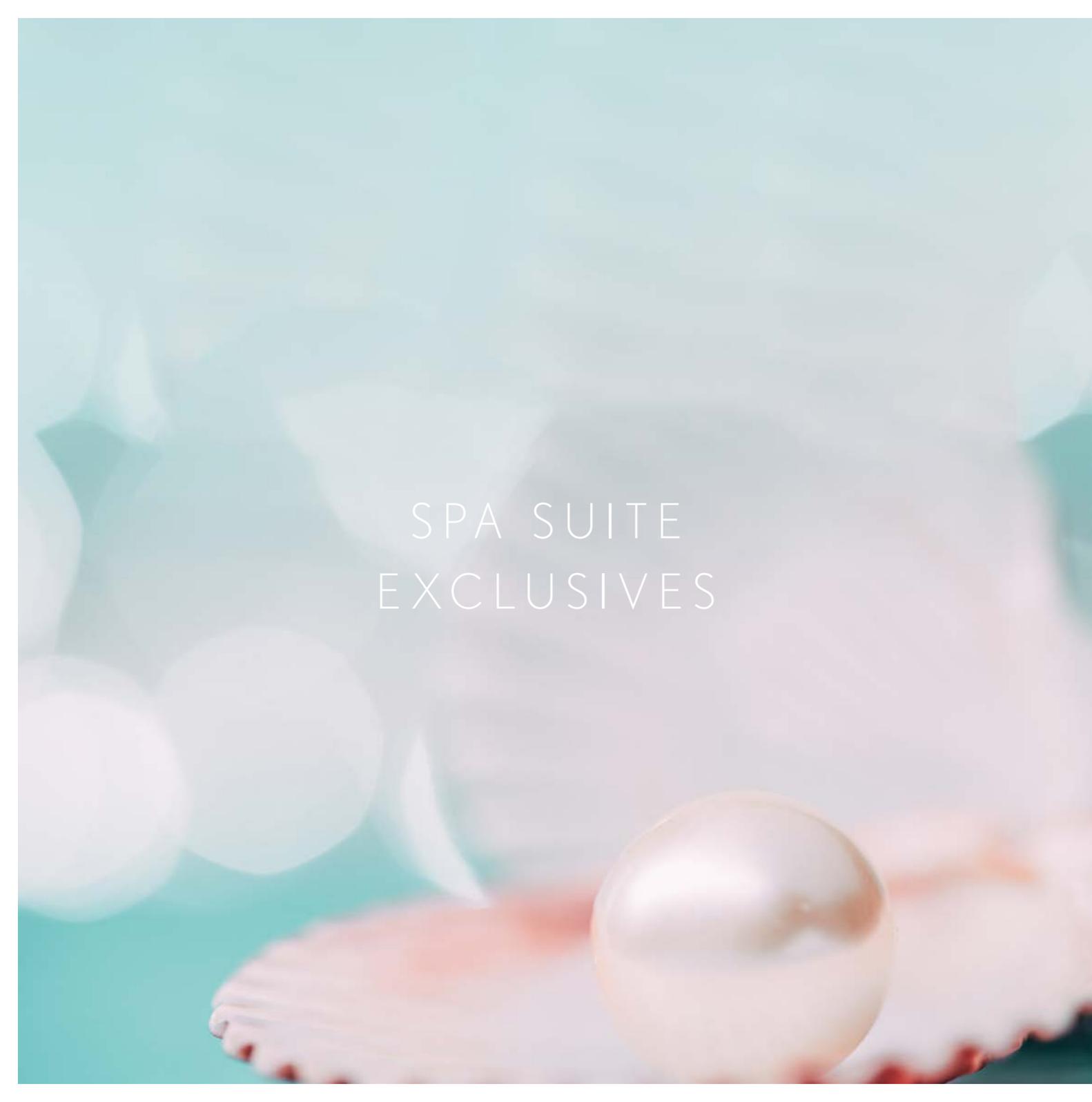
Welcome to the exclusive and exceptional experience of Waldorf Astoria Spa, Ras al Khaimah.

Step into an enchanting and mystical space that invites you to surrender your stresses and tensions, and have your unexpressed needs fulfilled.

With an ethereal undersea theme that instills tranquility, the calming waves of the sea are echoed in the soft curves of the Spa with the calming blues of the sea flowing through the spaces guiding you deeper into the inner world of wellbeing.

The beauty of the sea is translated into the Spa experience. Waldorf Astoria Spa, Ras al Khaimah, invites you to relax, indulge, and immerse your body and mind in an environment of unrivalled luxury.

Your time with us will be truly unforgettable.



SPA SUITE EXCLUSIVES

The crowning glory of Waldorf Astoria Spa is the luxurious and private suite - a spa within the spa.

Whether you wish to enjoy this unique space with someone special, or alone, this haven away from the main Spa.

The Spa suite is available for bespoke customised experiences or by duration for single or double occupancy and small groups. Our spa concierge will help you create your unique experience, whether you just require solitude away from the main Spa or would like something extra special. In addition to customised treatments, a range of enhancements are available.

The spa suite consists of:

- Private and securable entry vestibule
- Private changing room with amenities
- Private bathroom
- Comfortable day bed for lounging
- Luxurious jacuzzi
- Rasul style steam room and shower
- Two heated spa couches

Pricing upon customisation



PALACE AUTOGRAPHS



EMERALD 120 mins - AED 895

Complete body and mind rejuvenation begins with a unique top to toe organic body polish and envelopment. Experience the luxury of being wrapped in warm fresh seaweed leaves, and while the hydrating power of the seaweed is infused into the skin, warmed basalt stones will be placed alongside calming and cooled jade stones to create perfect energy equilibrium. A customised Voya facial experience completes the treatment.

ULTIMATE FACIAL - QMS 90 mins - AED 875

This elite clinical high performance anti aging facial produces a 3 dimensional plumping and lifting effect boosting the elasticity of the skin through a combination of lifting facial massage techniques and collagen boosting skincare, providing immediate and lasting lifting effects.

SHIFTING HORIZON 90 mins - AED 735

Designed to aid muscle recovery, a warm spiced mud wrap heats and relaxes the muscles in preparation for a deep massage that focuses on eliminating muscle tension. Especially suited for post jet-lag.



An underwater photograph of a woman in a white, flowing dress, posing gracefully. The scene is set against a backdrop of a coral reef and clear blue water. The lighting is soft and ethereal, creating a dreamlike atmosphere. The text 'LADY OF WALDORF' is overlaid in a clean, white, sans-serif font.

LADY OF WALDORF



CEREMONIAL 120 mins - AED 895

Begin this voyage of discovery in your private steam shower to open the pores of the skin. Let the heat of the steam relax and calm you before a gentle full body scrub of Organic Sugar cane and Lavender buds is applied to remove dead skin cells. Lashings of hot rustic Irish mud will be applied to your body to re-mineralize your skin and is further infused into your skin as you relax in the warmth of the steam and inhale the essences of orange, cinnamon and ginger. The journey concludes with a dry floatation experience allowing you to drift away with the rhythms of the ocean.

OCEAN TO SHORE 60 mins - AED 525

Experience total weightlessness in this dry floatation experience designed to simulate the rhythm of the ocean. A 45min customised massage relaxes and soothes the mind before you are eased into your dreams in the effortless comfort of dry floatation.





MALE MAJESTICS

CEREMONIAL 120 mins - AED 895

The ultimate male escape. Indulge in a journey from head to toe of pure organic luxury tailored just for men. Allow the hot steam to open your skins pores before a lavish body buff of sugarcane and peppermint lifts away the days toxins. Lashings of hot rustic Irish mud will be applied to re-mineralize your skin from head to toe, while the mud is further infused into the skin as you relax in the steam and inhale the aromatic essences of Orange, cinnamon and ginger. A customised massage will send you off to slumber.

AQUAVEDIC BALANCE 75 mins - AED 655

Performed on the aquavedic bed this cleansing treatment has the similarities of a hammam experience. The invigorating scrub is followed by a stimulating deep tissue massage to initiate a peaceful state of mind, balanced with hot stone reflexology to ensure complete relaxation.

AQUA SCRUB 60 mins - AED 525

Performed on the aquavedic bed, a stimulating peppermint and sugar scrub exfoliates the body, and is followed by an application of highly concentrated hydrating lotion using Aloe Vera to soothe and moisturize the skin.





LUXURY
FACE
BY
HEAVEN



BEE STING FACIAL 75 mins - AED 755

Align yourself with the scents and sounds of nature. The natural alternative to Botulinium Toxin and Abeetoxin is used to increase blood flow, tighten the underlying muscles and stimulate collagen and elastin to produce instant lifting and tightening results.

AFTERNOON TEA RITUAL 90 mins - AED 825

Commencing with a bespoke tea that is also used during the treatment as a toner, this treatment begins with a warm soy wax applied to the back for a relaxing massage before moving onto a 'heavenly' facial. The treatment journey connects the mind, body, soul and skin during this balancing ritual.

HEAVEN EXPRESS 30 min - AED 315

An express facial treatment created to offer a quick fix and instant boost for clients on the go. Experience a quick boost and achieve a fabulous glow from the Abeetoxin range and experience a Heavenly treat in minimal time.





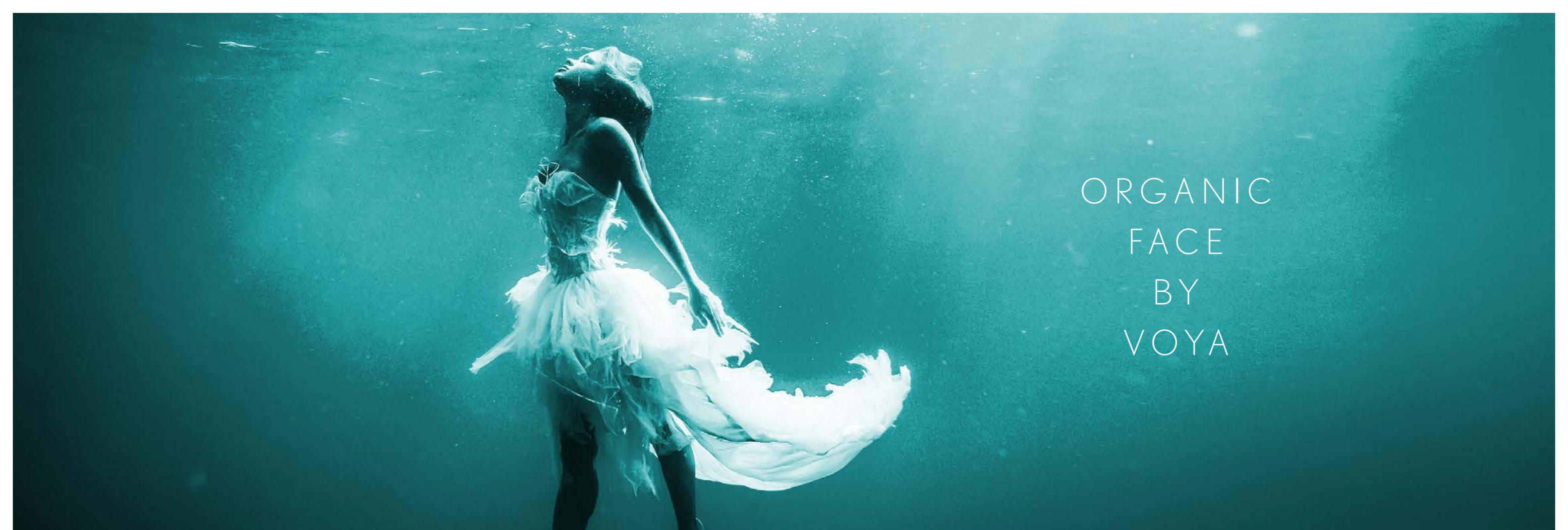
RESULTS
FACE
BY
QMS

RADIANCE 90 mins - AED 825

A luxurious brightening facial specifically designed to improve the tone and texture of the skin. High grade natural soluble collagens and fruit acids leave the complexion renewed, radiant, and visibly brighter.

NOURISH 75 mins - AED 755

Styled to improve the wellness of the skin through a unique refreshing and cooling face mask which is deeply hydrating, soothing and calming. The perfect solution for sun stressed, sensitive or jet lagged skin.



ORGANIC
FACE
BY
VOYA

RESTORING RIPPLES

90 mins - AED 685

A soothing facial taken to a higher level by incorporating ocean seaweed leaves to enhance the appearance of the skin. Restoring and renewing oils supported by masks and creams full of vital minerals, vitamins and complexes sourced from seaweed leaves, instantly restore and enhance the appearance of the skin.

CHANGING TIDES

60 mins - AED 495

An invigorating bespoke facial designed to reduce the signs of pollution through a deep cleansing of the pores using steam and extraction where required. A combination of facial massage techniques is used to stimulate and boost circulation in turn activating the renewal of skin cells on oily, dry or sensitive skin types.

Body

LAVENDER MYTH 60 mins - AED 495

Soften skin with the combination of organic seaweed extracts, lavender and essential oil. Pure sugar cane polishes skin by removing dead skin cells to reveal a truly glowing skin. The treatment concludes with a full body moisturizing application to soften and enrich the skin.

PEPPERMINT MYSTIQUE 60 mins - AED 495

A reviving sugar scrub to revitalise the senses and refresh the body. A fusion of fresh peppermint leaves and organic seaweed extracts awakens the mind and leaves your skin radiant and perfectly polished. The treatment concludes with a full body moisturizing application to soften and enrich the skin.

TIME TO SHINE 60 mins - AED 495

Our dual action lathering body buff exfoliates with finely ground walnut shells and nourishes the skin with almond oil, seaweed and ginger extracts. A shea butter application finishes the treatment to leave the skin silky and smooth.



TURQUOISE 60 mins - AED 495

A relaxing hydrotherapy bath ritual designed to relax the muscles through the combined effects of water massage and heat, the treatment is enhanced by a back neck and shoulder massage.

OCEAN POWER 75 mins - AED 615

A pure and encapsulating warm body wrap to deeply detoxify and diminish the appearance of cellulite. A brisk body brush stimulates and smoothes your skin before your body is layered in 100% Irish peat mud to draw out toxins. A targeted stimulating massage kick starts the lymphatic system to further drain toxins from the body.

OCEAN CARESS 60 mins - AED 495

Experience total body replenishment and hydration with layers of fresh Atlantic ground Laminaria seaweed. A warm body cleanse and vitamin rich seaweed mask soothes sunburn and assists the healing of any skin ailment. A gentle sailors cure for complete skin conditioning.



Massage

OCEANIC STONES 90 mins - AED 625

Embrace the powerful and mystical healing properties of the earth and ocean combined in this top to toe exclusive massage. Warm luxurious seaweed oils regenerate and restore muscles, whilst hot stones encourage the active release of precious extracts and restore mind tranquility and wellbeing.

CALM WAVES 90/60/30 mins - AED 595/475/285

This unique massage is fully customised to your needs and requirements - select the time, the pressure, the areas of focus and the type of massage techniques you prefer, and our professional therapist will create a bespoke experience to meet your specifications.

DRIFT AWAY 75 mins - AED 575

Feel restored with the ultimate relaxation massage and drift away on an organic journey using exotic essences and ocean minerals to unwind your mind and body.

DEEP SEA 60 mins - AED 475

A deep healing massage to alleviate your senses and re-condition areas of over exertion. Dry stretching and powerful massage techniques clear and break down even the most stubborn aches and pains for instant and comforting relief.

SEA BREEZE 90 mins - AED 625

Rebalance your energy with indulgent warm organic oils and a synchronised massage that concludes with a Jade stone mineral massage to the face and feet.

MOM TO BE TREATMENT 60 mins - AED 475

A completely relaxing full body massage using our safe but effective pre-natal techniques and oils to relax the specific lower back muscles that are carrying that beautiful bump



Spa Information

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquility. Please respect all guest's rights to privacy and serenity and make use of private changing rooms that are provided as nudity is not permitted. The spa is a mobile phone and smoke free zone and we ask you to kindly respect this. The spa will provide abundant towels, slippers, shower caps and amenities required for use during your visit. The minimum age permitted for access and treatment in the spa is 16 years of age. Our therapists will practice professional draping techniques during treatments in order to protect your modesty, and you will be provided with disposable garments for your additional comfort.

ARRIVAL TIME

You are encouraged to arrive a minimum of 30 minutes prior to your appointment time to enjoy the exclusive facilities at Waldorf Astoria Spa Ras al Khaimah. Please be advised that late arrival may result in reduction of treatment time in order to not impact other guests.



HEMOCARE

To continue your Spa regime and experience at home, our retail boutique stocks all the products used in your treatment along with additional gift items and gift vouchers for your purchase. A homecare prescription will be provided for your information.

PRICES

All prices are quoted in UAE Dirhams and are inclusive of 10% service charge and 5% VAT.

HOURS OF OPERATION

Daily from 10.00am to 21.00pm

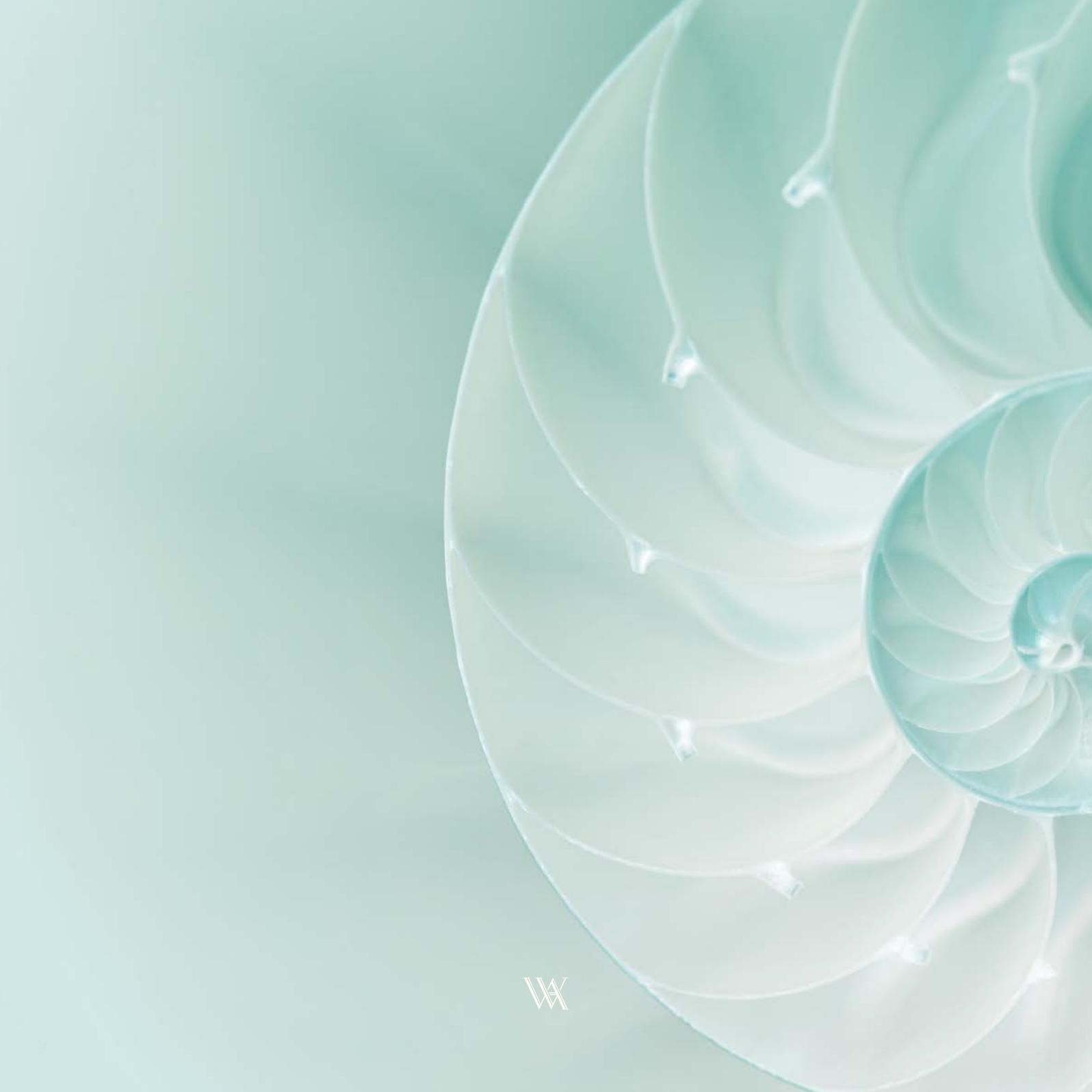
Last Treatment booking time is 20.00pm.

Out of hours reservations are possible upon enquiry.

HEALTH CONDITION

Kindly advise us of any health conditions, allergies or injuries which could affect your service when making your reservation.





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