



### **THE HISTORY OF AFTERNOON TEA**

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7<sup>th</sup> Duchess of Bedford, is said to have complained of “having that sinking feeling” during the late afternoon. At the time, it was usual for people to take only two meals a day, breakfast and then dinner around eight o'clock in the evening. The solution for the Duchess was a pot of tea and a light snack, taken in her private rooms during the afternoon. Later, friends were invited to join her in her rooms at Woburn Abbey and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for “tea and a walk in the fields.” Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long, all of the fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

### **WALDORF ASTORIA AFTERNOON TEA**

Available Monday to Sunday from 12pm to 5pm

#### **Sandwiches**

Crispy duck, rocket, cucumber and coriander wrap  
Ayrshire roast ham, mustard and tomato  
Cream cheese and cucumber  
Smoked salmon with dill crème fraiche  
Coronation chicken  
Egg and cress brioche bun

#### **Freshly Baked Scones**

Selection of plain & lavender

#### **Pastries**

Orange and blackberry dome  
Lemon and basil macaron  
Lychee and rose jelly  
Elderflower and rhubarb tart  
Peach and blueberry mousse  
Sakura choux

Your choice of our fine loose leaf tea or speciality coffee

#### **Afternoon tea**

£35 per person

#### **Champagne Afternoon Tea**

£ 45 per person

## **WALDORF ASTORIA CHILDREN AFTERNOON TEA**

Available Monday to Sunday from 12pm to 5pm

### **Selection of finger sandwiches**

Ham & tomato sandwich  
Egg and cress roll  
Cheddar and onion tart

### **Freshly Baked Scones**

Selection of Plain

### **Pastries**

Orange and blackberry dome  
Lemon and basil macaron  
Lychee and rose jelly  
Elderflower and rhubarb tart  
Peach and blueberry mousse  
Sakura choux

### **Children's Afternoon Tea**

£16 per person

## **WALDORF ASTORIA VEGAN AFTERNOON TEA**

Available Monday to Sunday from 12pm to 5pm

### **Selection of Freshly prepared sandwiches on our vegan bread**

Vegan shawarma wrap  
Crushed avocado, lime and sesame bagel  
Pesto marinated tomatoes, tofu on sundried tomato loaf  
Minted pea puree with crispy jack fruit  
Portobello mushroom and tarragon pate  
Chargrilled vegetables and beetroot houmous

### **Freshly Baked Scones**

Selection of plain & lavender

### **Pastries**

Orange and blackberry dome  
Lemon and basil macaron  
Lychee and rose jelly  
Rhubarb and vanilla pate de fruit  
Peach and blueberry mousse  
Chocolate dipped strawberry

### **Afternoon tea**

£35 per person

### **Champagne Afternoon Tea**

£ 45 per person

## **WALDORF ASTORIA AFTERNOON TEA FREE FROM GLUTEN**

Available Monday to Sunday from 12pm to 5pm

### **Selection of Freshly prepared sandwiches on our bread free from gluten**

Chicken, rocket, cucumber and coriander  
Ayrshire roast ham, mustard and tomato  
Cream cheese and cucumber  
Smoked salmon with dill crème fraiche  
Coronation chicken  
Egg and cress

### **Freshly Baked Scones**

Selection of Plain & lavender

### **Pastries**

Orange and blackberry dome  
Lemon and basil macaron  
Lychee and rose jelly  
Elderflower and rhubarb tart  
Peach and blueberry mousse  
Chocolate dipped strawberry

Your choice of our fine loose leaf tea or speciality coffee

### **Afternoon tea**

£35 per person

### **Champagne Afternoon Tea**

£ 45 per person

## **WALDORF ASTORIA SAVOURY TEA**

Available Monday to Sunday from 3pm to 6pm

Chef's selection of sandwiches

Selection of Scottish cheese, cured meats,

Sun-blush tomatoes, olives and crispbreads

A tea cup of homemade soup, mini pork pie and haggis spring roll

A glass of house wine

Selection of freshly baked scones served with clotted cream  
and home-made jam

Your choice of our fine loose leaf tea or speciality coffee

### **Savoury tea**

£35 per person