

GYM MEMBERSHIP OPTIONS

Caledonian Club - 12 month Contract (Full membership for one person)	£72 per month (Includes all benefits)
Caledonian Club - 6 month Contract (Full membership for one person)	£75 per month (Includes all benefits)
Caledonian Club - Rolling Contract (Full membership for one person)	£60 per month (No benefits)
Caledonian Club - 1 month Contract (Full membership for one person)	£84 (No benefits)
Corporate - 12 or 6 month Contract (Full membership for one person) (Corporate ID must be taken at point of joining)	£69 per month (Includes all benefits)

12 and 6 Month Memberships include:

- Personal Fitness for Life 1-2-1
- Personal Fitness for Life Programme
- Personal Fitness for Life Refresher
- Preferential rates on treatments exclusive to members
- Preferential rates on food and beverage exclusive to members
- Bottled water, towel and fresh fruit at each visit
- Glass of Prosecco on joining
- Spa Treatment on Birthday