



B U L L & B E A R

BREAKFAST MENU

SPECIALITY BREAKFASTS

THE CONTINENTAL 125

Did someone say "perfect breakfast"? Our chef's table selection offers a wide variety of all-time breakfast classics with the latest superfood trends.

THE BULL & BEAR BREAKFAST 165

If breakfast is your most-loved meal of the day, then this is the option for you! Take your pick from the breakfast favourites while you explore the chef's table selection. Everything you like, as much as you like, to please the soul.

BREAKFAST FAVOURITES

FUL MEDAMES (D) 45

mini arabic flat bread

AVO & TOAST (D) (N) 55

walnut bread, feta & smoked paprika oil

ACAI BOWL (D) (N) 70

coconut flakes, seasonal fruits, chia seeds, cacao nibs

BELGIAN WAFFLES (D) 55

berry compote, crème fraîche, maple syrup

SWISS BIRCHER MUESLI (D) (N) 45

roasted oats, apples, nuts, bananas, honey & yoghurt

(D) Dairy (N) Nuts

For special dietary requests or allergies, please ask for assistance.

All prices are in United Arab Emirates Dirham and inclusive of 5% VAT, 10% Service Charge and 7% Municipality Fee.

Please note that the menu items and prices are subject to change without prior notice.

FREE-RANGE EGGS

2 EGGS YOUR WAY (D) 55
(fried, boiled, poached or scrambled)

toast bread, grilled tomatoes & mushrooms

3 EGGS OMELETTE (D) 65
choice of three

TOMATOES	SPINACH
RED ONION	PEPPERS
CHEESE	TOFU
CHICKEN	BEEF BACON
MUSHROOMS	CHILLI
TURKEY HAM	SMOKED SALMON
VEAL HAM	

THE CLASSICS

EGGS BENEDICT (D) 65
EGGS FLORENTINE (D) 45
EGGS ROYALE (D) 65

SHAKSHOUKA POACHED EGGS (D) (N) 60
tomato cumin ragout, hazelnut dukkah, minted yoghurt, grilled multigrain

SMASHED AVO & EGGS (N) 65
toasted sourdough, poached egg, crispy bacon, smashed avocado

(D) Dairy (N) Nuts

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CHOOSE YOUR SIDES

ROASTED VINE TOMATOES	15
BAKED BEANS	15
HASH BROWNS (G)	15
SAUTÉED KALE	15
GRILLED ASPARAGUS	15
SAUTÉED MUSHROOMS	15
BEEF BACON	20
CHICKEN SAUSAGES	20
BEEF SAUSAGES	20

THE FOLLOWING BREAD TYPES ARE AVAILABLE
UPON REQUEST:

gluten free, sourdough, rye, multigrain, english muffin

NON-DAIRY MILK IS AVAILABLE UPON REQUEST

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FRESH JUICE SELECTION

ORANGE	29
APPLE	29
PINEAPPLE	29
CARROT	29
WATERMELON	29
GRAPEFRUIT	29

SMOOTHIES

BULL & BEAR BREAKFAST	33
almond milk, cold coffee, banana, oats, dates, vanilla	

EMERALD GREEN	33
celery, avocado, kale, spinach, ginger, bananas, apple, stevia	

WATER	small	large
EVIAN	26	30
BADOIT	26	30

AVANTCHA TEA

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HERBAL

ORGANIC GINGER BREEZE
CHAMOMILE COOLER

GREEN

ORGANIC MOROCCAN MINT
ORGANIC CLASSIC SENCHA
JASMINE PEARLS

WHITE

PEACH & PEAR
ROSE WHITE

BLACK

MAJESTIC EARL GREY
ASSAM BREAKFAST

COFFEE

SINGLE ESPRESSO	26
DOUBLE ESPRESSO	33
AMERICANO	26
CAPPUCCINO	33
FLAT WHITE	33
CAFÈ LATTE	33
MACCHIATO	26
ICED COFFEE	26